

5 Most Important Questions to Ask Yourself

Question 1

What are my core values?

What is non-negotiable for me?

A large, solid orange rectangular area intended for writing answers. In the bottom-left corner of this area, there is a faint, white line drawing of a person sitting and leaning forward, possibly writing or thinking.

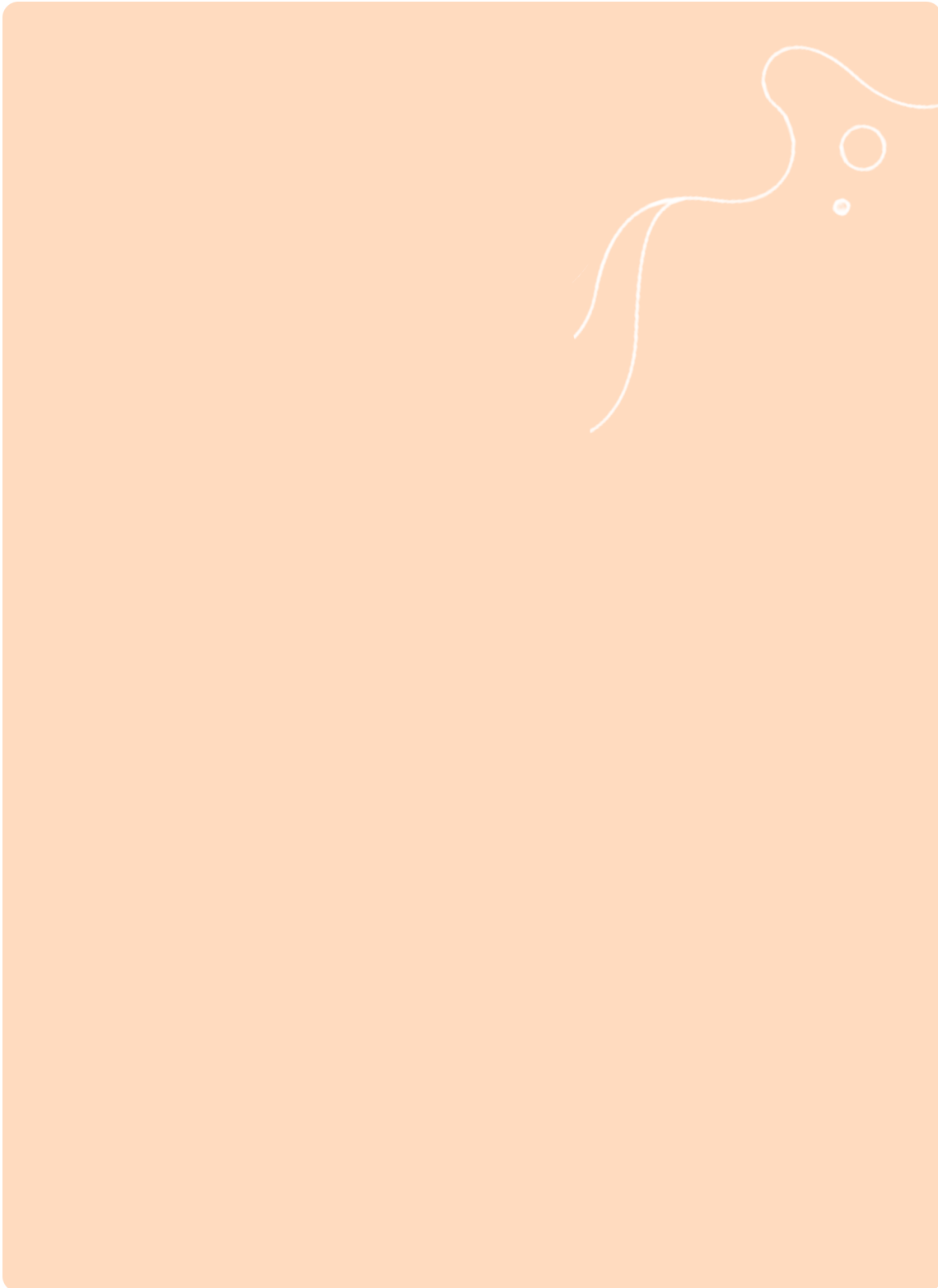
Question 2

What are my strengths and weaknesses?



Question 3

What would I do / be / have if I had \$10 million?

A large orange rectangular area for writing, with a faint white line drawing of a person's head and shoulders in the top right corner.

Question 4

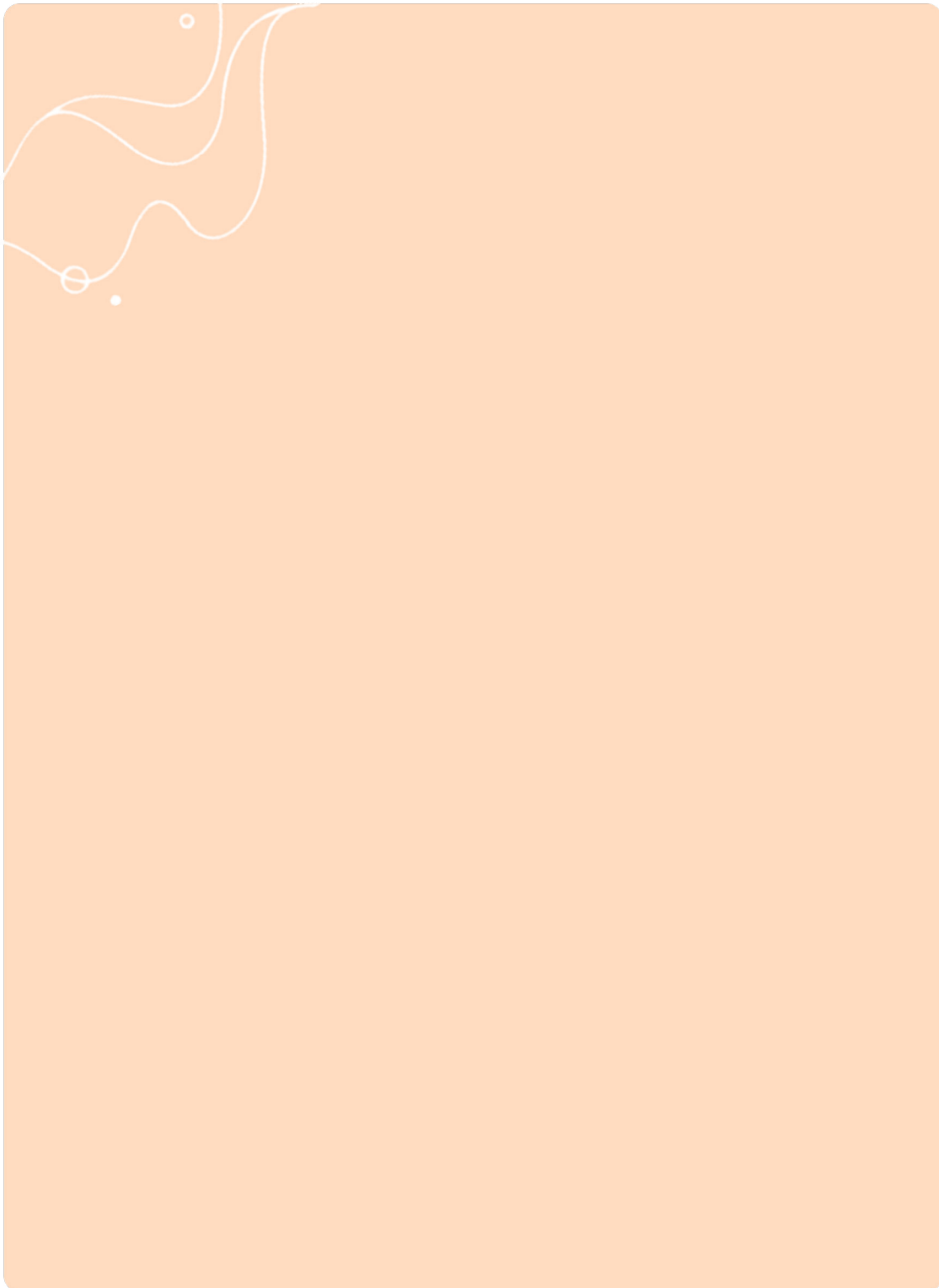
What are my 3 most frequent thoughts?

What would I like them to be?



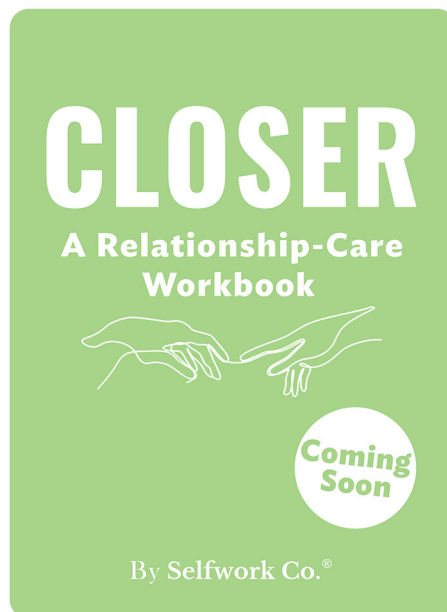
Question 5

What are my absolute needs from:
My romantic relationship | My family | My friendships

A large, solid orange rectangular area intended for handwritten responses. In the top-left corner of this area, there is a decorative white line that meanders across the space, accompanied by a small open circle and a small solid dot.

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